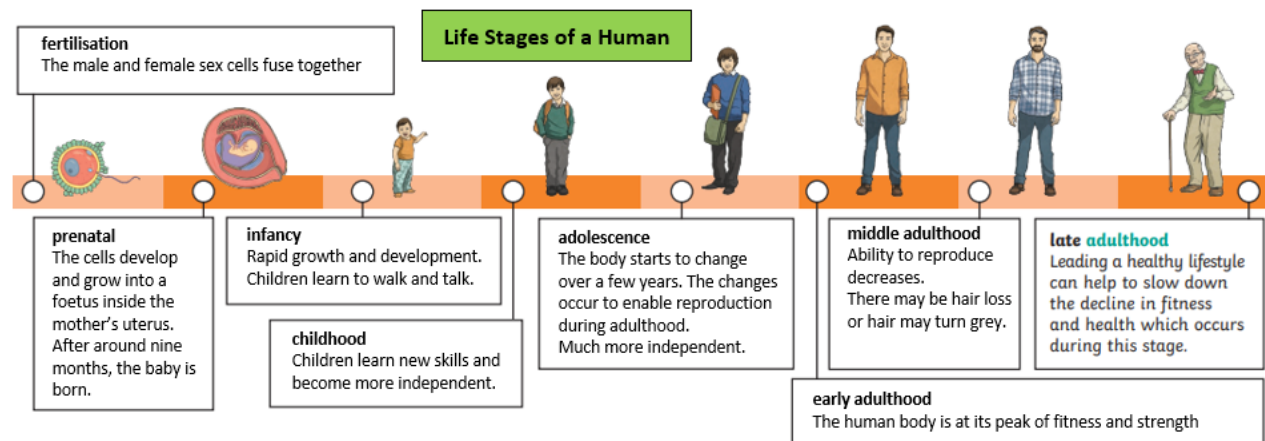


Vocabulary

Definition

adolescence	The stage of life between childhood and adulthood when many changes happen.
adult	A fully grown person.
ageing	The process of growing older over time.
development	The changes that happen as humans grow and learn throughout life.
elderly	An older stage of adulthood.
embryo	An early stage of development before a baby is born.
emotional changes	Changes to feelings and emotions that can happen as people grow.
gestation	The time a baby or animal develops inside the mother before birth.
growth	An increase in size, height or mass.
hormones	Chemicals in the body that help control growth and changes during puberty.
infant	A very young baby or child.
life cycle	The stages a living thing goes through during its life.
mass	How heavy something is.
menstruation	A stage in female puberty when the lining of the womb leaves the body as blood.
milestone	An important stage in development, such as learning to walk or talk.
mobility	The ability to move easily and freely.
puberty	The stage when a child's body changes into an adult body.
reproduction	The process of producing offspring or babies.
sperm	A male reproductive cell needed to make a baby.
timeline	A way of showing events or stages in time order.



My journey through life – How does my body change?

Humans develop at different rates, so changes during puberty and ageing can happen at different times for different people.

Growth and development happen throughout a human's life, not just during childhood.

Puberty is a natural stage of development caused by hormones and includes physical and emotional changes.

Humans have a longer gestation period and childhood than many other animals, allowing more time for learning and development.

Gestation for a Human

