



# EYFS at Redfield Edge Primary School

## Physical Development Gross Motor Skills, Fine Motor Skills

Begin to form recognisable letters independently

Shows a preference for a dominant hand

Begins to use anticlockwise movement and retrace vertical lines

Jumps off an object and lands appropriately using hands, arms and body to stabilise and balance

Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons..

### What skills are we learning?

Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group

To combine movements with fluency.

Shows increasing control over an object in pushing, patting, throwing, catching or kicking it

Revise and refine the fundamental movement skills they have already acquired:

- rolling
- crawling
- walking
- jumping
- running
- hopping
- skipping
- climbing

### What opportunities to see this in action?

- Weekly use of the large climbing, balancing apparatus 'Trim Trail' in the large playground.
- Weekly P.E sessions encompassing the above gross motor skills/ ball work etc.
- Daily **Write Dance** and other movement sessions, focussing on arm movements and core strength building, in line with specific handwriting patterns
- Free access to an outside space which encourages the movement of large loose parts materials (e.g. tyres, planks, gravel pit).
- Fine Motor Skills development through skills based Continuous Provision – cutting skills, threading, use of tools such as hole punches and staplers, and various other FMS activities throughout the room.
- Weekly writing opportunities with an adult to support 'Nip, Flip, Grip' method of holding a pen appropriately/ to work on specific GMS/FMS development.
- We are implementing a Woodwork area for EYFS which will eventually be set up to be independently accessed by all children (*Life Skills*).

### Early Learning Goals – at the end of the year...

**Gross Motor Skills ELG** Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

**Fine Motor Skills ELG** Children at the expected level of development will:

- Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases;
- Use a range of small tools, including scissors, paint brushes and cutlery;
- Begin to show accuracy and care when drawing.